

COURTYARD CAFÉ

Week of September 9th

Mon – Fri
7:30am - 3pm

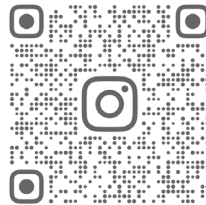
Breakfast: 7:30 - 10:30

Lunch: 11:15 - 2:00

Snacks: 7:30 - 3:00

LUNCH

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Chicken Noodle V Tomato Basil Bisque	Broccoli Cheddar V Vegetable Minestrone	Stuffed Baked Potato V Vegetable 3 Bean Chili	Beef Vegetable Barley V Mushroom Bisque	Clam Chowder V Garden Vegetable
Kitchen Table	Cider Glazed Pork Medallions, Roasted Apple Jus Mojo Rotisserie Chicken V Roasted Sweet Potato Wedges, Butternut Squash V Sautéed Swiss Chard, Garlic, Red Peppers	Beef Stew Madras Stir Fry Chicken, Broccoli, Garlic Sauce V Scallion Black Rice Stir Fried Bok Choy, Carrots, Snow Peas, Mushrooms	BBQ House Maple Pork, Roasted Apples V Chipotle Tofu & Baked Beans V Baked Three Cheese Macaroni V Roasted Broccoli	Tandoori Chicken V Saag Paneer V Spiced Basmati Rice V Curried Cauliflower, Peppers, Cilantro	Harissa Garlic, Grilled Chicken Mediterranean Seafood Stew (Calamari, Shrimp, Salmon, Mussels) V Herbed Garlic Farro V Roasted Brussels Sprouts
Action	<p style="text-align: center;">Club Curry</p> <p style="text-align: center;">Jamaican Curried Shrimp with Caribbean Mango Chutney</p> <p style="text-align: center;">V Indian Chickpea Curry with Cucumber, Tomato, Mint Raita</p> <p style="text-align: center;">Southeast Asian Beef Rendang with Cucumber Relish</p> <p style="text-align: center;">V Served with Basmati Rice or Naan Bread</p>			<p style="text-align: center;">Bibimbap</p> <p style="text-align: center;">Choice of Protein: Ginger Sesame Tofu, Soy Ginger Chicken, Teriyaki Pork Belly</p> <p style="text-align: center;">Choice of Toppings: Jasmine Rice, Brown Rice, Fried Egg, Shredded Carrots, Bok Choy, Kimchi, Sautéed Mushrooms, Pickled Cucumber, Pickled Daikon & Carrot</p> <p style="text-align: center;">Choice of Condiments: Sesame Seeds, Scallion, Chopped Peanuts, Sesame Oil, Sriracha, Chile Oil, Pickled Ginger, Bibimbap Sauce</p>	
Rustico	<p style="text-align: center;">DELI SIDES</p> <p style="text-align: center;">V Dilled Potato, Apple Salad Kale Caesar</p> <p style="text-align: center;">V Apple Sandwich: Caramelized Onions, Sliced Apple, Brie, Pesto Vinaigrette, Baguette BBQ Chicken Wrap: Classic Kansas City BBQ Sauce, Carrot & Celery Slaw, Blue Cheese Dressing, Romaine, Wheat Wrap</p>				



HMS_EATS

Follow us on IG and get the latest news, view the menu, upcoming event, wellness education and more.

Menus are subject to change due to seasonality and availability.

Before placing your order, please inform your server if a person in your party has a food allergy.

Better-For-You Option
 Vegetarian
 Vegan